

What is PCIT?

PCIT is an evidenced based program that gives caregivers the positive parenting skills to manage their child’s emotional and behavioral difficulties through positive attention alone using real-time coaching.



Do you feel stressed parenting your child?

Then PCIT might be right for you!

Caregivers will learn to help their child

- Feel less angry
- Improve attention and focus
- Learn to cooperate
- Obey directions the first time
- Reduce aggressive or destructive behaviors
- Strengthen the already warm relationship with their child



Who is PCIT for?

Children ages 2-7 who:

- Refuse or defy adult requests
- Lose temper easily
- Start fights or hurt others
- Have short attention spans
- Have difficulty sitting still or waiting their turn



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Call Us for More Information at 619-668-6200

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